Let's have a healthy conversation about your medication today!

WE'RE HERE TO HELP











COUNSELLING CHECKLIST FOR PATIENTS WITH NEWLY PRESCRIBED MEDICATIONS

PROPER USE OF MEDICINE		
	Name (generic and brand)	
	Dose	
	Dosage form	
	Frequency of intake	
	Right timing (before meal, after meal, at bedtime)	
	Duration of use	
WHAT TO AVOID WHILE ON THIS MEDICATION		
	Activity and/or food	
COMMON SIDE EFFECTS – what they should look out for		
IMPORTANT ADVERSE EFFECT/S to watch out for		











COUNSELLING CHECKLIST FOR PATIENTS WITH NEWLY PRESCRIBED MEDICATIONS

COMPLETE!

Thank you for taking the time to discuss with me and learn more about your medication.











COUNSELLING CHECKLIST FOR PATIENTS CONTINUING MEDICATION

Regular check-ins lead to better adherence and better outcomes.

REPEAT PRESCRIPTION CHECKER			
NAME OF MAINTENANCE MEDICATION/S			
PROPER USE OF MEDICINE			
Dose	Right timing (before meal, after meal, at bedtime)		
Dosage form	Duration of use		
Frequency of intake			
ADVISE ON POTENTIAL SIDE EFFECTS			
ASK – IS IT EASY FOR YOU TO COMPLETE THE WHOLE COURSE OF TREATMENT FOR THIS MEDICINE?			
Yes	No. Why,		
If 'No' is the answer in the adherence question, consider using the Motivational Interviewing tool for Medication adherence			
NEXT —	Healthy Healthy		

COUNSELLING CHECKLIST FOR PATIENTS CONTINUING MEDICATION

Regular check-ins lead to better adherence and better outcomes.

COMPLETE!

Thanks for checking in.
We look forward to seeing you next time!









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